

**THE COUNTRY TOUR SPONSORED RIDE  
SUNDAY 22<sup>nd</sup> SEPTEMBER 2019  
SPONSORSHIP FORM**

You do not have to use this form! It is only here in case it helps ...

Please bring your sponsorship money on the day of the ride!

We do not actually need the form, it is just for you to keep a record of any money you collect.

Rider:

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Minimum £5, cheques should be made payable to "Essex & Herts Air Ambulance". Cash also accepted.

Ask sponsors for money per mile or a total amount to complete the course!

Sponsor's Name and Address	Amount

All proceeds will go to the Essex & Herts Air Ambulance Trust.  
Thank you for your support.